



ORASCOM
DEVELOPMENT

2019 EL GOUNA HALF MARATHON



BRIEFING

11TH OF OCTOBER 2019



EVENT SCHEDULE

THURSDAY, OCTOBER 10TH

Race Pack Pick-Up

5:00 pm to 9:00 pm

Arabic Briefing

8:00 pm

English Briefing

8:30 pm

FRIDAY, OCTOBER 11TH

All Races begin in

Downtown, next to GSpace

9:00 am

Closing Ceremony at

Abu Tig Marina

11:30 am

Final Cut-Off Time

for All Races

12:00 pm



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START LINE CONDUCT

- Start Line zone opens at 8:00 AM next to G*Space.
- All races being at 9:00 AM
- All athletes must be wearing their Race Numbers & have their timing chip secured to their ankle.
- There is no Baggage Claim. Runners are advised to leave their valuables at home, in their hotels, or in their vehicles.



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TIMING CHIPS

- Your timing chip must be worn around your ankle.
- Once you cross the finish line, the timing chip will be collected from you.
- Loss of the timing chip will result in disqualification.
- Cut-off times: All races officially end at 12:00 pm, three hours after they begin.



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NUTRITION

- Electrolytes (for 10K & 21K runners)
- Bananas
- Water Stations



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RACE CODES

5k / 10k / 21k



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YOUR RACE NUMBER



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5k

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10K

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21k

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FINISH LINE CONDUCT

- Remove timing chip & receive race medal.
- Respect your fellow athletes & clear the finish line area after you cross. Hundreds of athletes will be crossing the finish line during each race. Everyone deserves their moment of glory!



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SAFETY

- Every runner's safety is our number one priority.
- On the course, there will be ambulances and medical personnel, as well as support from all of our Organisers (red t-shirts), and Event Staff (black t-shirts).
- Managers will also be moving around the course on motorised vehicles to monitor all participants.
- If you need help, please ask!



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LIVE TRACKING



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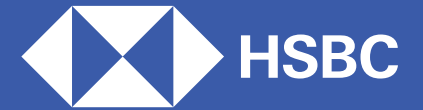
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QUESTIONS

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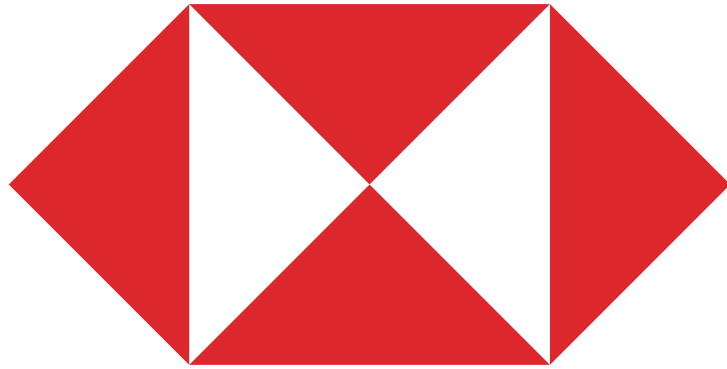
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G* Space.

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